

DESIGNED FOR YOUR ACTIVE LIFESTYLE

An important aspect of wellness is engagement and connection. That's why, as a resident of the Pine Ridge of Garfield community, you'll find that there's no shortage of activities, events, programs and other ways to socialize and connect with like-minded peers. And because we're a pet-friendly community, your four-legged best friend can continue to share your life and your lifestyle.

WELLNESS PHILOSOPHY

Here, wellness is not only a philosophy, it's a way of life. Living a full life is what wellness is all about. It's the key to helping you maintain who you are. At Pine Ridge of Garfield, our goal is to make it simple to explore a variety of ways to keep your mind, body and spirit healthy and active.

Our wellness philosophy starts with a focus on each resident's potential to achieve their personal goals through a personal wellness plan of engagement and connection. In addition to the many services and amenities of the community, you'll find this philosophy integrated throughout Pine Ridge of Garfield.

Your personal wellness plan can include:

- Physical activity and good nutrition to enable you to stay strong and flexible, while limiting disease and disability
- Ways to strengthen your existing social connections and develop new ones to help you stay happy
- Learning initiatives and challenging, creative programs to keep your mind stimulated
- Faith-based involvement, volunteerism and service that let you continue to give your life purpose and meaning

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FITNESS

Our wellness philosophy starts with a focus on each resident's potential to achieve their personal goals. We'll work with you to help incorporate physical activity and good nutrition into your daily life so you're able to stay strong and flexible, while limiting disease and disability.

PROGRAMS

Resident programs are daily experiences of involvement, fun and new connections. These programs are tailored around each resident's hobbies and interests, providing them the opportunity to continue to participate in activities they already love, or try something new and inspiring.

LOCATION

Our prime Clinton Township, Michigan location is just a short drive from delightful outdoor recreation areas and parks. Off-site entertainment and cultural options that keep your mind stimulated can be found close by at venues. And living in a community with a convenient location also makes it easy for you to continue to be socially active with faith-based involvement, volunteerism and service that let you give your life purpose and meaning.

LIST OF PROGRAMS

Educational programs & series
Art & music performances
Theater trips
Social events & groups
Fitness & wellness programs
Cards & games
Bible study & faith-based groups,
worship and Catholic services
Trips – museums, shopping, dinner

AMENITIES AND SERVICES THAT LET YOU ENJOY LIFE TO THE FULLEST.

This is the time to enjoy life to the fullest, and the many amenities at Pine Ridge of Garfield help you do just that. The dining room makes it easy to enjoy fine cuisine every day. Monthly housekeeping services and on-site maintenance personnel leave you free to have fun. Fitness paths are great for stretching your legs or walking a four-legged friend. Pursue your passions independently or join in a wide variety of arts, classes, events and cultural and educational programs. Additional amenities and services include:

Amenities

- Dining room with anytime dining
- Café with 24-hour beverage station
- Life enrichment room
- Library
- Fitness center
- Theater
- Billiards
- Laundry rooms
- Wellness center
- Beauty and barber salon
- Pet-friendly
- Fitness paths
- Courtyard gardens with raised flower beds

Services

- Chef-prepared meals served restaurant-style
- Concierge services
- Fitness and wellness programs
- Entertainment, social and educational programs and events
- Housekeeping and laundry services
- Utilities included (internet, phone and cable can be purchased)
- Maintenance and repairs
- Wifi hot spots
- Third party care team services available
- Scheduled transportation
- Landscaping and snow removal





CHEF-PREPARED MEALS MAKE ON-SITE DINING SOMETHING TO SAVOR.

Savor moments with friends and family in the dining room, where you'll discover fine cuisines — prepared with seasonal, locally sourced ingredients — designed to suit every mood, taste and occasion. Plus, you'll enjoy service and ambience that's one-of-a-kind.

Anytime dining is available between 8:00 am and 6:00 pm. Breakfast is made-to-order daily. Residents can also call the dining room to order room service or pick-up at your convenience. Life enrichment room is available by reservation for private parties.

A weekly calendar is provided on Saturdays, so you'll be sure to know when your favorites are on the menu. The Executive Chef holds a monthly food chat for residents. The dining room is a social area offering Happy Hour with live entertainment and special events. Here's an example of what you and your taste buds can enjoy.

SAMPLE MENU

STARTERS

French Onion Soup with Cheese & Croutons
Tomato & Cucumber Salad

CHICKEN PICCATA

Chicken Breast Cutlets with a
Lemon Butter Sauce and Capers

SIDE DISHES

Asparagus, Rice Pilaf
Side Salad, Macaroni & Cheese

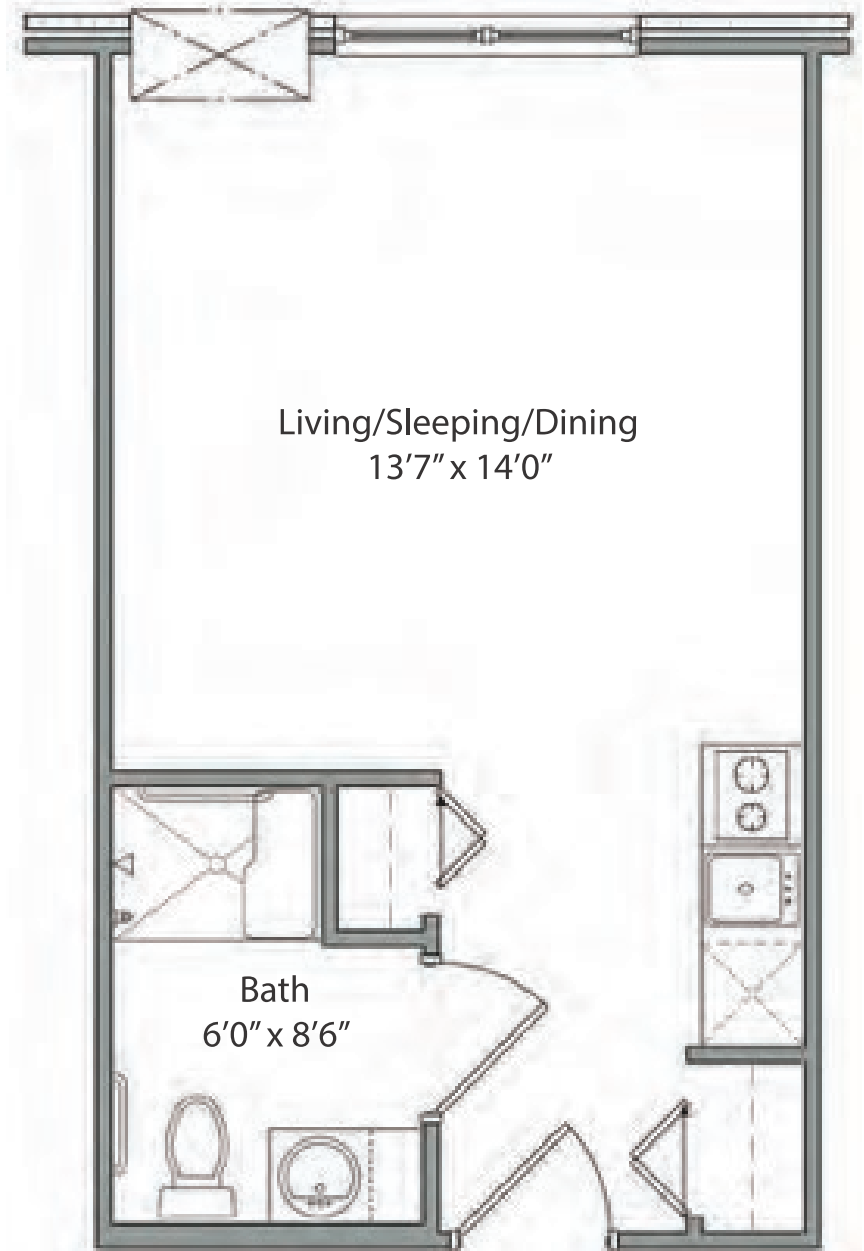
DESSERTS

Cheesecake with Raspberry Drizzle
Banana Crepe
Italian Cannoli with Fresh Cream

Studio, One Bath
333 SQ. FT.

Apartment Amenities

- Kitchenette
- Dining area
- Spacious closet
- Central heat and air conditioning with individual climate controls
- Water/sewage included
- Secured entry

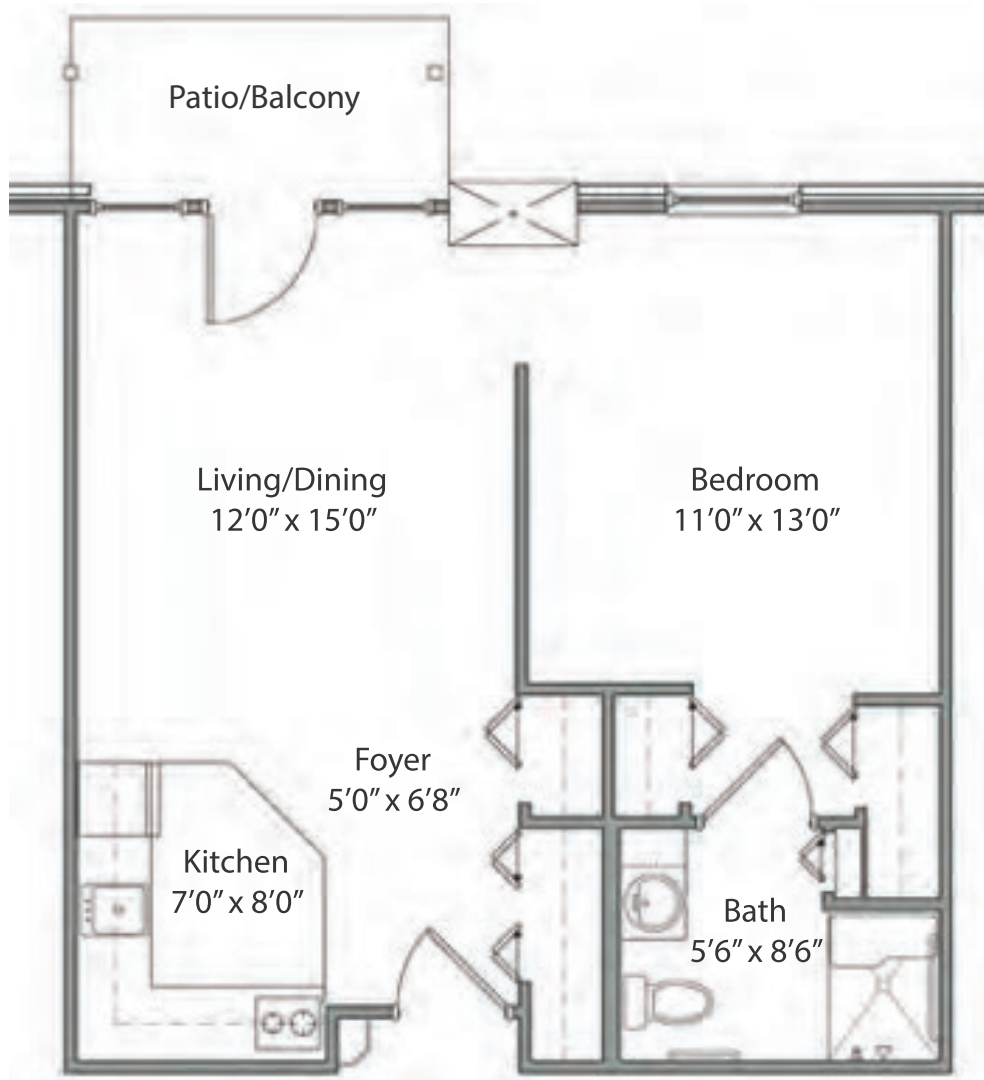


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**One Bedroom, One Bath
with Balcony**
564 SQ. FT.

Apartment Amenities

- Full kitchens with hardwood cabinets and full-size appliances
- Dining area
- Spacious closet
- Central heat and air conditioning with individual climate controls
- Water/sewage included
- Secured entry

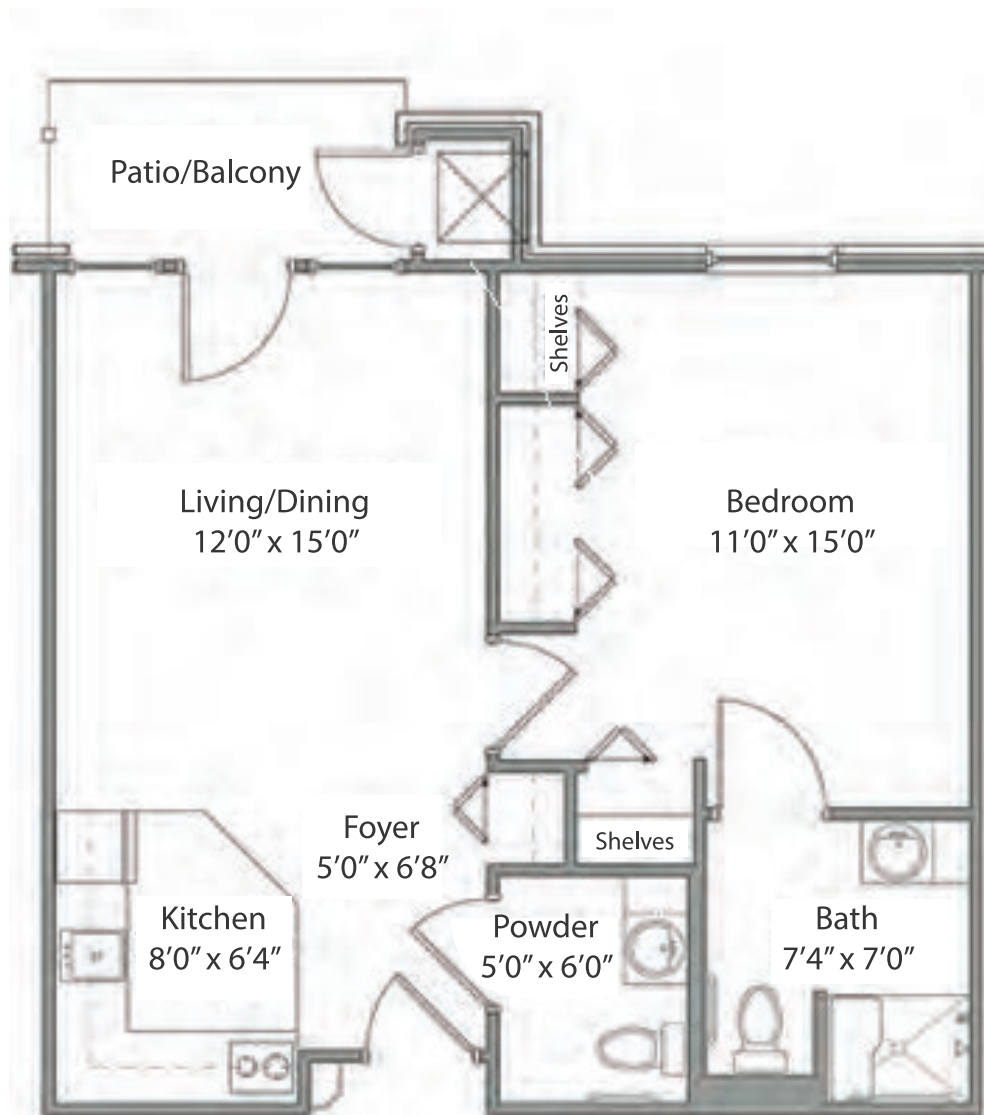


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**One Bedroom,
One and a Half Bath
with Balcony and Den
623 SQ. FT.**

Apartment Amenities

- Full kitchens with hardwood cabinets and full-size appliances
- Dining area
- Spacious closet
- Central heat and air conditioning with individual climate controls
- Water/sewage included
- Secured entry

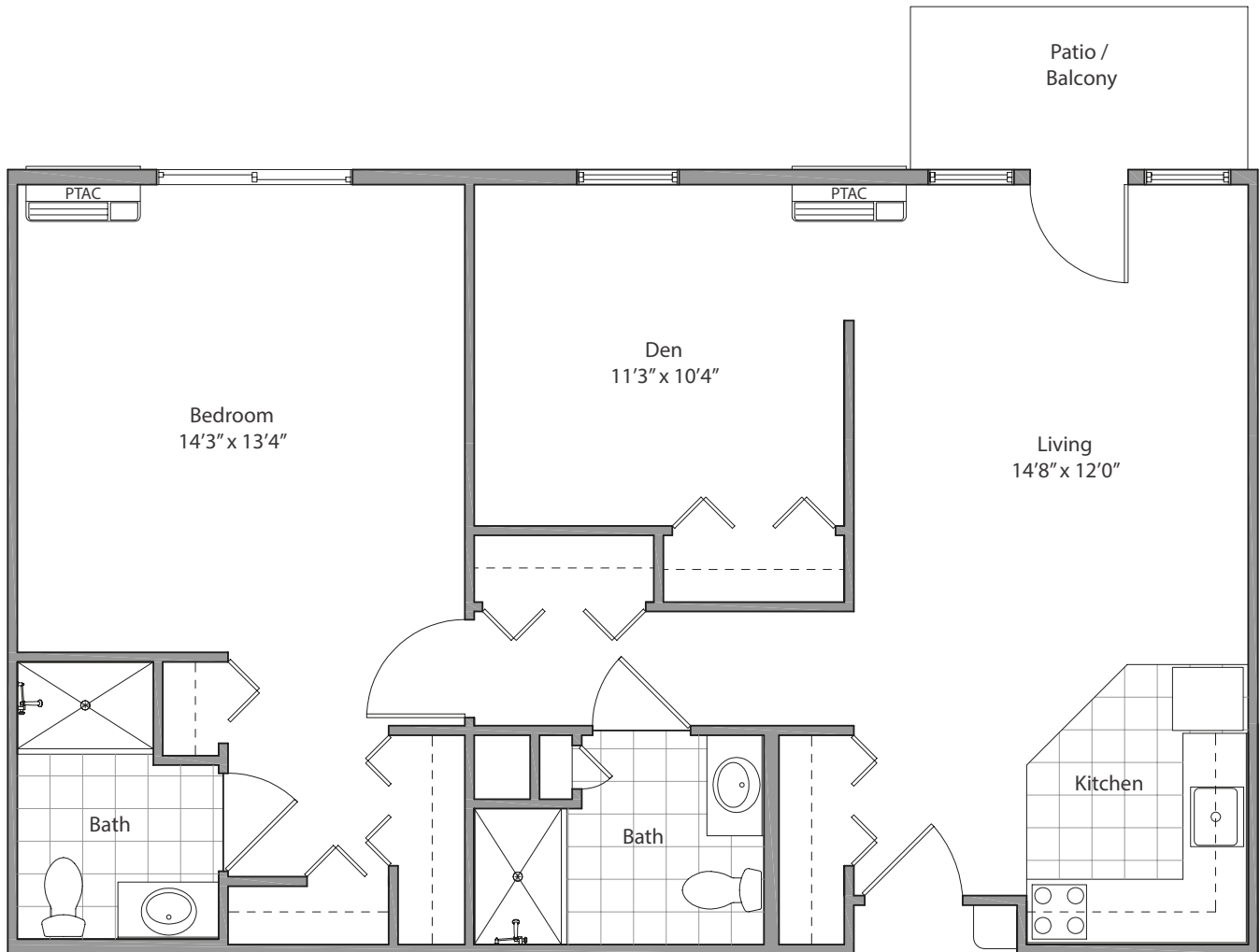


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**One Bedroom, Two Baths
with Balcony and Den**
866 SQ. FT.

Apartment Amenities

- Full kitchens with hardwood cabinets and full-size appliances
- Dining area
- Spacious closet
- Central heat and air conditioning with individual climate controls
- Water/sewage included
- Secured entry

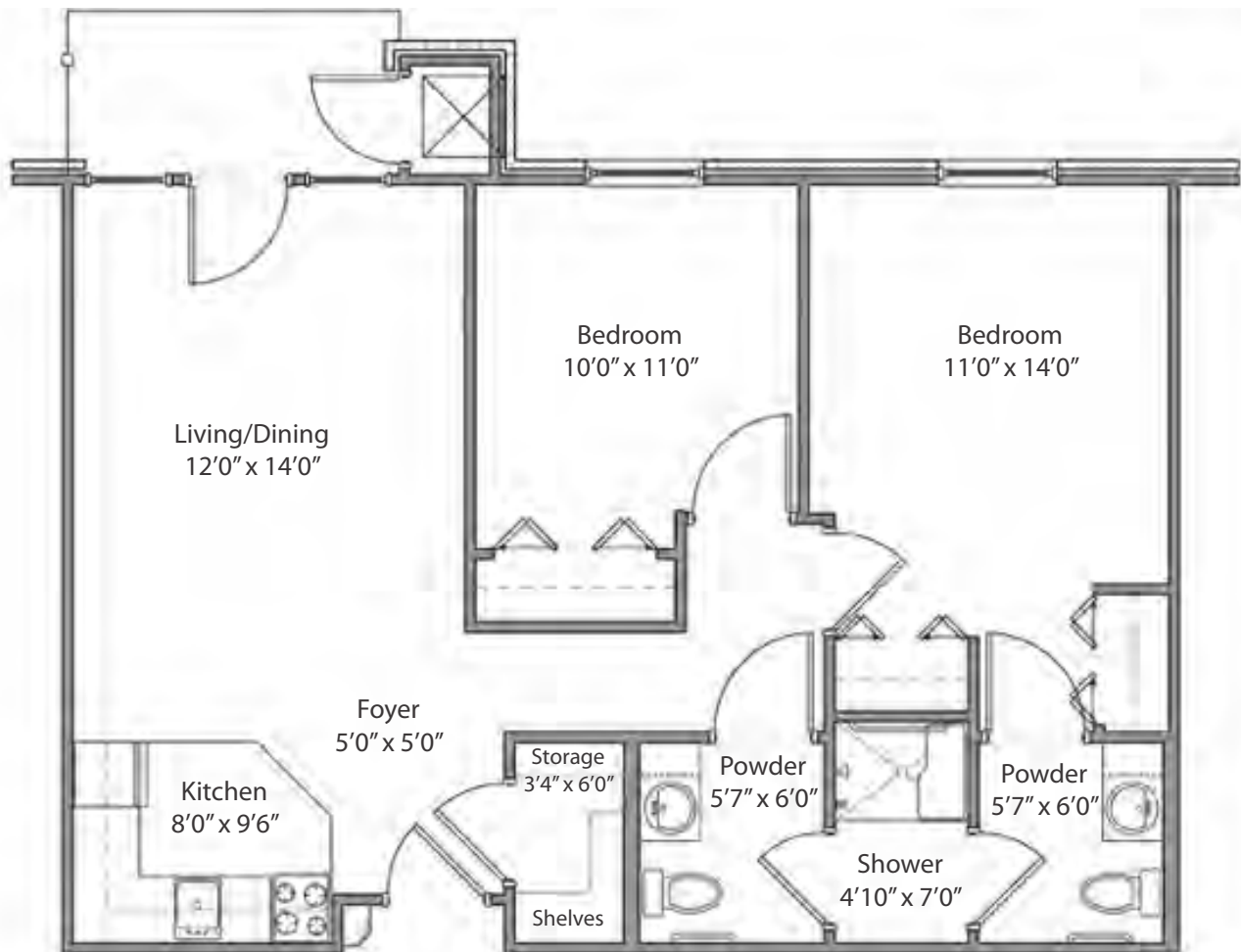


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Two Bedrooms, Two
Baths with Balcony
814 SQ. FT.

Apartment Amenities

- Full kitchens with hardwood cabinets and full-size appliances
- Dining area
- Spacious closet
- Central heat and air conditioning with individual climate controls
- Water/sewage included
- Secured entry

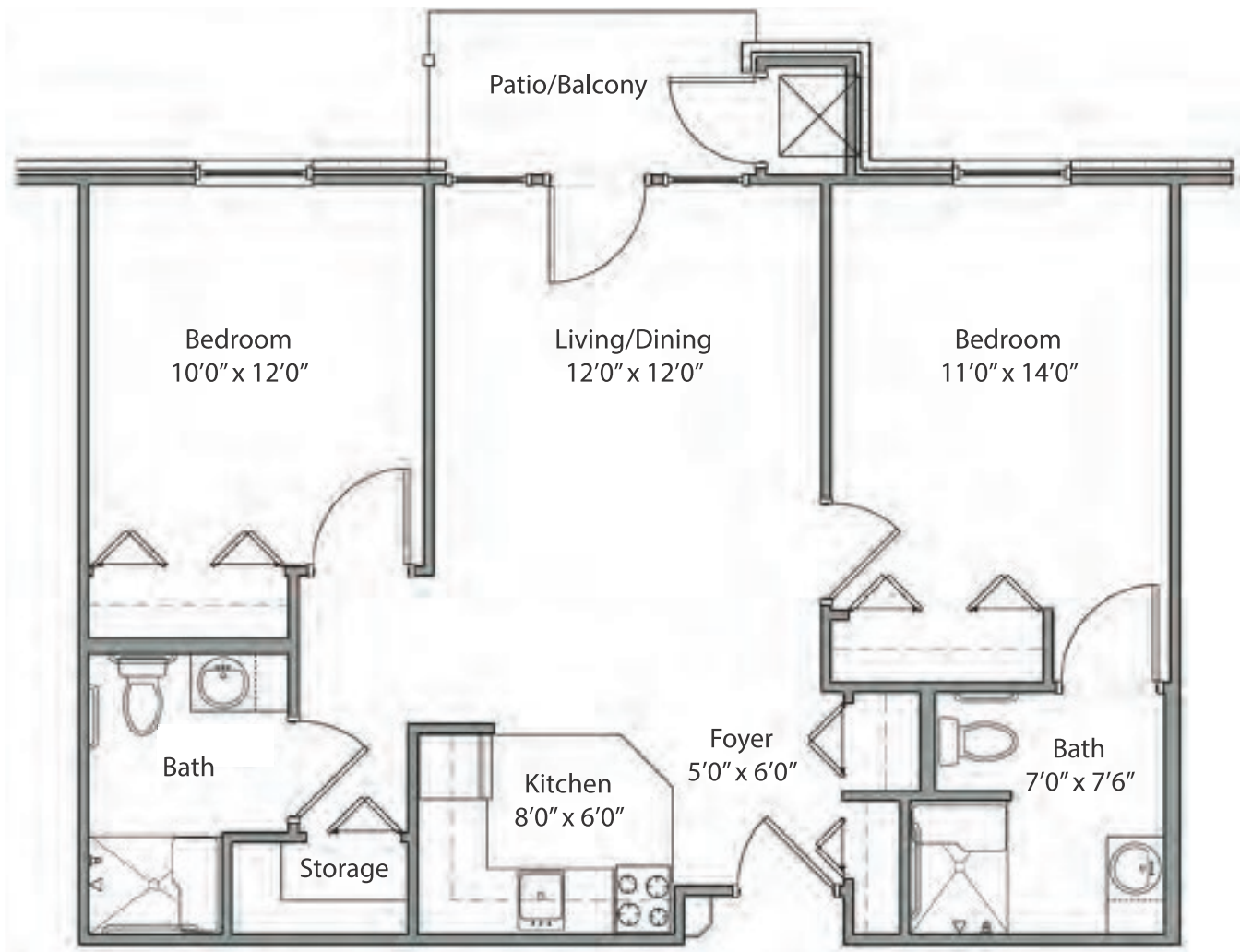


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**Two Bedrooms, Two
Baths with Balcony**
814 SQ. FT.

Apartment Amenities

- Full kitchens with hardwood cabinets and full-size appliances
- Dining area
- Spacious closet
- Central heat and air conditioning with individual climate controls
- Water/sewage included
- Secured entry

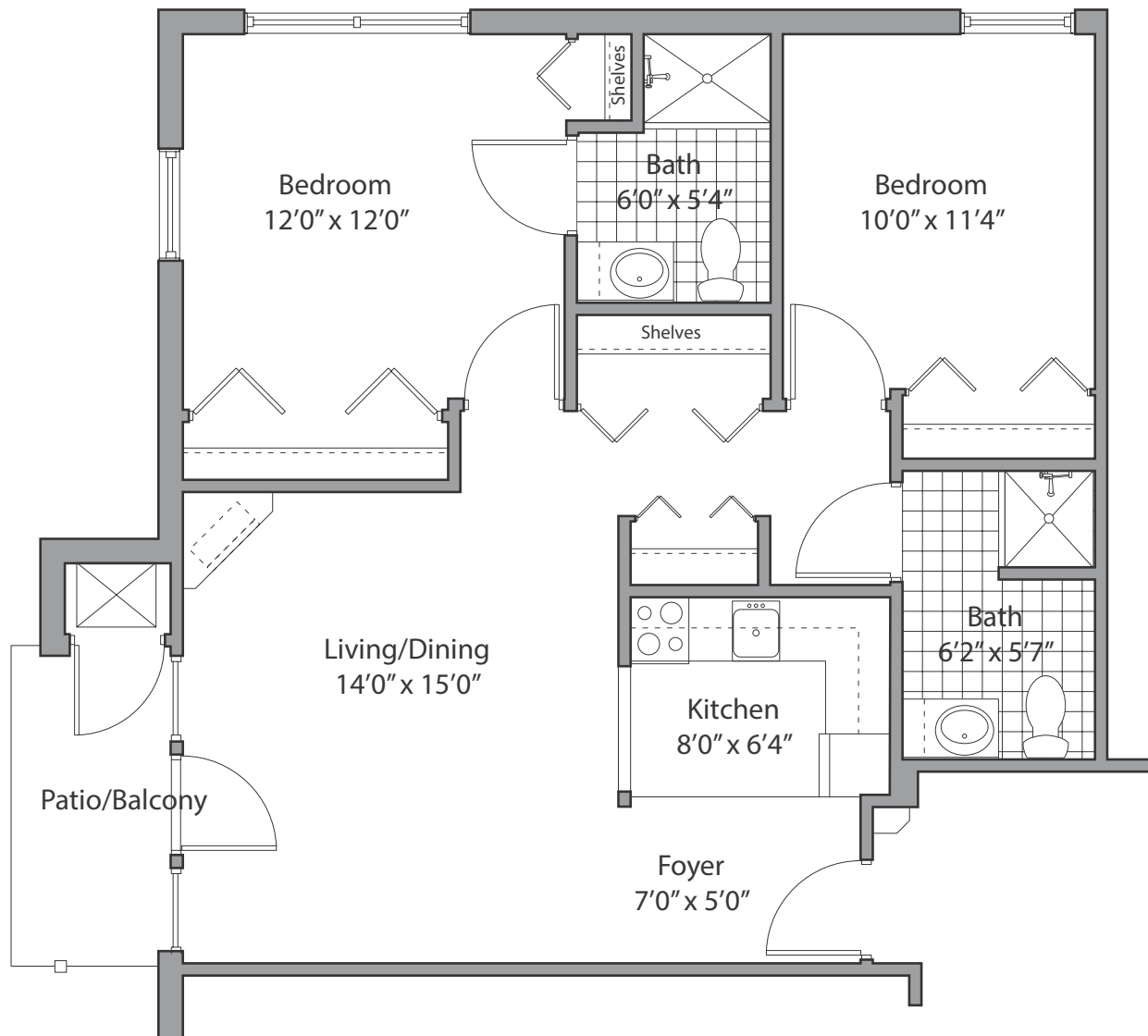


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**Two Bedrooms, Two
Baths with Balcony**
866 SQ. FT.

Apartment Amenities

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COMPARISON WORKSHEET

	YOUR CURRENT MONTHLY COSTS	PINE RIDGE OF GARFIELD'S MONTHLY FEES INCLUDE
RENT or MORTGAGE PAYMENT	\$	All-inclusive rent (no buy-ins or long-term leases)
HOMEOWNER'S INSURANCE & PROPERTY TAX	\$	All-inclusive rent
UTILITIES	\$	Water, heat, A/C, electricity
DINING	\$	Anytime Dining offering restaurant-style meals and Café and beverage bar open 24-hours
HOUSEKEEPING	\$	Weekly housekeeping service
HOME MAINTENANCE	\$	Interior and exterior maintenance and repairs
YARD MAINTENANCE & SNOW REMOVAL	\$	Landscaping, yard maintenance and snow removal
TRANSPORTATION COSTS	\$	Free scheduled transportation
HOMEOWNER'S ASSOCIATION	\$	Maintenance Director on-site
FITNESS MEMBERSHIP	\$	Fitness center with ongoing exercise programs
TOTAL	\$	\$

For more information, please visit our website:

PineRidgeGarfield.com

Join us for a complimentary lunch and tour by calling

586.723.0000